

My Care Record

Patient Portal



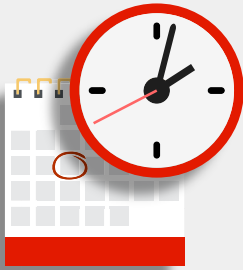
What is My Care Record?

My Care Record is a secure, user friendly, web-based tool designed for patients to send information to their health and social care team and to access some of their records.

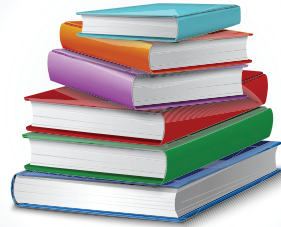
You can access this information securely from a computer, tablet or mobile phone. This means you will have access to up-to-date personal health and care information at any time of the day.

All you need is a personal email address. After you provide this, you will receive an invitation to set up an account from a member of your health care team.

What's Available?



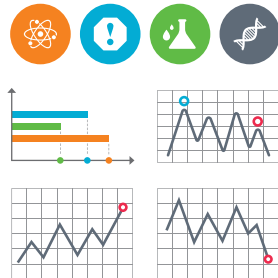
View Appointments



**Access to your own
Health Library**



Your Medicines



Lab Results



Contact Lists



Set your own Goals



Health and
Social Care

Contact details:

Email: mycarerecord@hscni.net

Email or speak to your local trust healthcare team.