

Team Name:
BSO PaLS

Nominating Manager:
Rodney Smyth

Minimum Nutritional Standards for Catering in Health and Social Care

For staff and visitors across all catering and retail outlets and vending

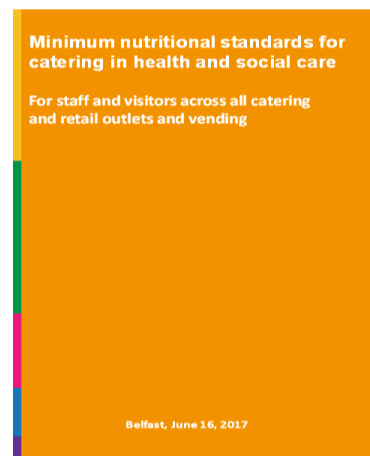
SITUATION

- It is recognised that people are increasingly eating meals and snacks outside of their own homes, resulting in the consumption of an estimated quarter of their overall calories.
- Workplace restaurants within NI HSC are an important setting where staff and visitors can consume their main meal regularly and by helping staff to make healthier choices their health and wellbeing can be improved.

TASK

- The Obesity Prevention Strategy, "A Fitter Future for All" committed to ensuring that nutritional standards are in place for staff and visitors in health and social care settings including guidance on procurement and provision.
- The Public Health Agency (PHA), the Food Standards Agency (FSA) and *safe food* (along with other delivery partners) were tasked with delivering this outcome by 2019.
- These nutritional standards will build on the already valuable work undertaken by catering staff within the Health Service to encourage healthier eating among staff and visitors through provision of healthy and sustainable food.

It's all about choice

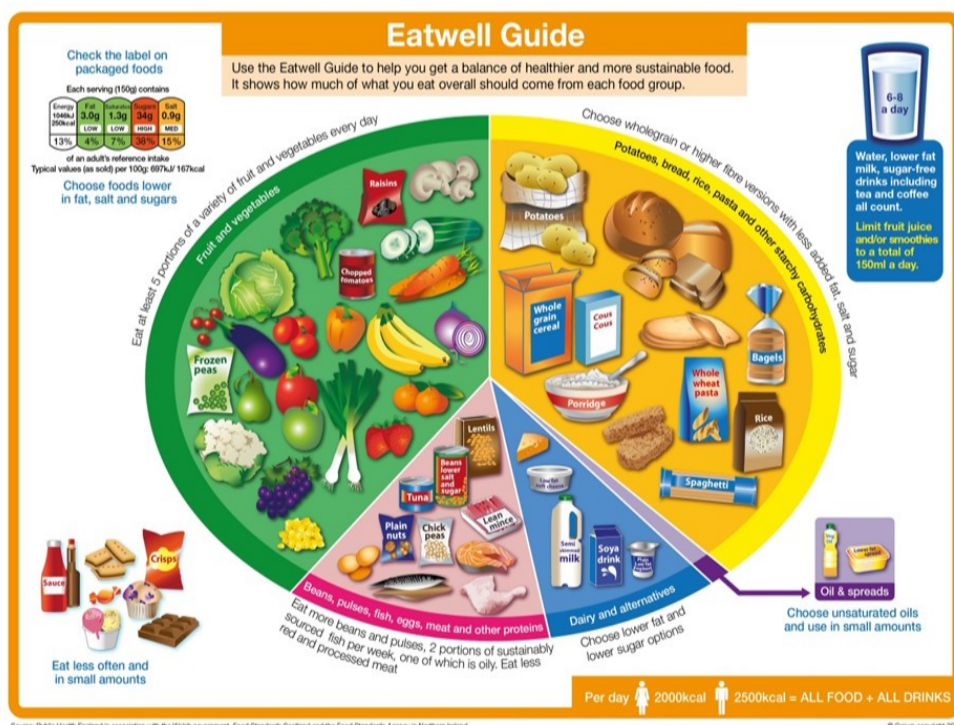


ACTIONS

- A steering group was established to draw up Minimum Nutritional Standards. BSO PaLS played a key role as part of this group working to ensure the Standards were realistic and achievable.

RESULTS

- The Minimum Nutritional Standards were formally launched in June 2017 by Michael McBride, Chief Medical Officer for NI.
- BSO PaLS continue to be represented on this group to assist with implementation and work with our customers to ensure future contracts which are let for food adhere to those Standards.



Implementation of Standards

- Driven by Procurement Dietitian/Nutritionist
- Overseen by Steering Group
- Food Standards Agency - *funder*
- Safe food - *funder*
- Public Health Agency - *funder*
- South Eastern Health and Social Care Trust - *employer/professional accountability/hospital catering*
- BSO Procurement and Logistics Service - *day-to-day management*

