



## CARING COMMUNITIES



## SAFE & WELL

**COVID-19** is having a dramatic impact on our society at present and it's important you feel supported. We are here for you whilst you stay at home!

Caring Communities Safe & Well offers people who are feeling lonely, aged 65 years and over in Ards, North Down, Lisburn and Down a range of services including:-

- Connections with new people – Telephone befriending, Good Morning Call.
- Access to health services.
- Keeping active and healthy.
- Safe and secure homes.
- Benefit advice.
- Emotional support.
- Access information and advice.

To hear more about our service and what supports we can offer please contact **Caring Communities Safe and Well** on **02897566934**