



**Patient Group Direction (PGD)
Supply of Erythromycin for sore throat via the
Pharmacy First Service**

Version v01.01

Valid from November 2023 to end November 2025*

Review date November 2025

*(*or earlier in event of changes to any related guidance or withdrawal of Pharmacy First Service)*

This patient group direction must be agreed to and signed by all pharmacists involved in its use.
The PGD must be easily accessible in the community pharmacy.

Purpose of this Patient Group Direction

This PGD covers the supply of erythromycin via the SPPG Pharmacy First Service for the management of sore throats.

The Pharmacy First Service is available from community pharmacies in Northern Ireland contracted to provide the service.

Change History

| Version number | Change details | Date |
|----------------|---|------------|
| V01.01 | ➤ New SPPG PGD template for the supply of Erythromycin via the Pharmacy First Service | 13/09/2023 |
| | | |

Patient Group Direction (PGD) for supply/administration of

| | |
|--------------|-----|
| Erythromycin | POM |
|--------------|-----|

Staff Characteristics

| | |
|--|--|
| Qualifications | Pharmacists currently registered with the Pharmaceutical Society of Northern Ireland |
| Specialist competencies or qualifications | <p>Pharmacists must:</p> <ol style="list-style-type: none">1. Be working as a community pharmacist in a pharmacy contracted to provide the Pharmacy First Service.2. Be familiar with the relevant Summary of Product Characteristics for the medicines that may be supplied via this Patient Group Direction (PGD).3. Be familiar with and adhere to relevant Pharmaceutical Society of Northern Ireland standards and guidance4. Have completed all the required training modules/courses outlined in the service specification and guidance. <p>The pharmacists must be able to assess the person's capacity to understand the nature and purpose of the medication in order to provide informed consent.</p> <p>All pharmacists are personally accountable for their practice and must be competent to work under PGD. In the exercise of professional accountability there is a requirement to maintain and improve professional knowledge and competence.</p> <p>Under PGD legislation there can be no delegation. Supply of the medication has to be by the same practitioner who has assessed the patient under this PGD.</p> |
| Continuing training & education | <p>The pharmacist should be aware of any change to the recommendations for the medicines that may be supplied via this PGD.</p> <p><u>The community pharmacist must provide the service in accordance with the requirements of the associated Service Specification and Guidance</u> available at https://hscbusiness.hscni.net/services/2800.htm</p> <p>It is the responsibility of the individual to keep up-to-date with continued professional development and to work within the limitations of individual scope of practice.</p> |

Next review date: November 2025

Expiry date: 30/11/2025

3 of 20 pages

Patient Group Direction (PGD) for supply/administration of

| | |
|--------------|-----|
| Erythromycin | POM |
|--------------|-----|

Clinical Condition or situation to which this PGD applies

| | |
|--|--|
| Clinical Condition or situation to which this PGD applies | <p>For the treatment of painful, inflamed throat which makes swallowing difficult, where the use of phenoxymethylpenicillin and amoxicillin is contraindicated AND they are pregnant.</p> <p>OR</p> <p>For patients with painful, inflamed throat, which makes swallowing difficult where phenoxymethylpenicillin, amoxicillin and clarithromycin are unavailable</p> <p>In accordance with the Pharmacy First Sore Throat service.</p> |
| Criteria for inclusion | <p>Erythromycin can be given to: Adults and children aged 5 years and over presenting with symptoms of acute uncomplicated sore throat and they have an established pregnancy or risk of pregnancy and the use of phenoxymethylpenicillin and amoxicillin is contraindicated and they have:</p> <ul style="list-style-type: none">➤ A FeverPain score of 2 or above AND➤ A positive result from a Rapid Antigen Point of Care Test (POCT) for Streptococcus A infection➤ No contraindications to erythromycin➤ Given informed consent <p>OR if phenoxymethylpenicillin, amoxicillin and clarithromycin are unavailable erythromycin can be given to: Adults and children aged 5 years and over meeting the criteria listed above</p> |
| Criteria for exclusion¹ | <p>Erythromycin should not be given:</p> <ul style="list-style-type: none">➤ Red Flag Symptoms:<ul style="list-style-type: none">○ To anyone attending who has life-threatening symptoms such as stridor, breathing difficulty or dehydration that is associated with sore throat. Phone 999 immediately.○ To patients with persistent symptoms (lasting > 2 weeks) and/or severe symptoms which may be indicative of more serious disease, such as cancer. Smoking and alcohol are risk factors that should be considered as part of clinical assessment.➤ Where informed consent is not given. Where patients do not agree to share relevant clinical information or there is no valid consent➤ To children aged 4 years and under➤ To patients with a known or suspected hypersensitivity to erythromycin or other macrolide antibiotics – see SmPC |

¹ Exclusion under this PGD does not necessarily mean the medication is contraindicated, but it would be outside its remit and another form of authorisation for supply will be required

Next review date: November 2025

Patient Group Direction (PGD) for supply/administration of

Erythromycin

POM

- To patients with known or suspected hypersensitivity to any of the excipients – see [SmPC](#)
- To patients with known or suspected hepatic impairment or people concomitantly receiving potentially hepatotoxic drugs
- To patients with moderate, severe or end stage renal failure (creatinine clearance <60mL/min) or patients with renal disease where renal function cannot be confirmed.
- To patients at high risk of serious complications because of:
 - significant heart, lung, kidney, liver, or neuromuscular disease (including patients with a history of valvular heart disease, rheumatic fever, post-streptococcal glomerular nephritis)
 - uncontrolled diabetes
 - patients who are immunocompromised.
- To patients known to be immunosuppressed (accompanied by other clinical symptoms of blood disorders) including for example:
 - A patient who is on chemotherapy, radiotherapy, has known or suspected leukaemia, asplenia, aplastic anaemia or HIV/AIDS, or is taking an immunosuppressive drug following a transplant.
 - A patient who is taking a disease-modifying anti-rheumatic drug (DMARD) e.g. sulfasalazine, methotrexate
 - A patient who is taking a medicine that can cause blood disorders (e.g. neutropenia, agranulocytosis, thrombocytopenia) leading to infection and acute sore throat including cytotoxic drugs, carbimazole, clozapine etc.
- To patients with a history of repeated episodes (> 2 previous episodes) of Streptococcus A infection in previous 6 months.
- If patients present with:
 - Signs of airway obstruction (inability to swallow, drooling, stridor, hoarse voice, muffled voice, holding a tripod position).
 - Signs of marked systemic illness or sepsis.
 - Breathing difficulty.
 - Dehydration.
 - Severe neck pain and or stiffness.
 - Severe pain.
 - Persistent sore throat especially if unilateral.
 - Persistent change in voice.
 - Severe swallowing problems (dysphagia/ odynophagia).
 - Trismus or difficulty opening the jaw.
 - Persistent mouth ulcer / lesions.
 - Masses / unilateral swelling.
 - Severe oral mucositis.

Next review date: November 2025

Expiry date: 30/11/2025

5 of 20 pages

Patient Group Direction (PGD) for supply/administration of

Erythromycin

POM

- Rash (e.g. scarlet fever).
- Suspected rare cause e.g. Kawasaki disease.
- Symptoms of suppurative complications (e.g. otitis media, sinusitis, mastoiditis, peri-tonsillar abscess [quinsy], scarlet fever).
- If the patient has Myasthenia Gravis – macrolides may aggravate weakness symptoms
- If the patient has a history of or current Q-T prolongation
- If the patient has a history of or current ventricular cardiac arrhythmia including torsade de pointes.
- If the patient has known or suspected electrolyte disturbances (hypokalaemia or hypomagnesaemia)
- If the patient has porphyria
- If the patient has symptoms of diarrhoea and they have received an antibiotic within the previous 3 months
- If the patient is also taking a contraindicated medicine (see drug interactions section for further detail) including:
 - Typhoid vaccine (oral): Antibacterial agents may inactivate oral typhoid vaccine if ingested concomitantly. Avoid where recent vaccination or vaccination due.
 - Drugs that prolong the QT interval. See [BNF](#) for all drugs that can prolong the QT interval e.g.
 - astemizole
 - cisapride
 - pimozone
 - terfenadine
 - domperidone
 - Erythromycin should not be given if the patient takes:
 - ergotamine or dihydroergotamine
 - Erythromycin should not be given if there is current or recent treatment (within last two weeks) with drugs that are inducers of CYP3A4 e.g.
 - rifampicin
 - phenytoin
 - carbamazepine
 - phenobarbital
 - St. John's Wort
 - Erythromycin should not be given if the patient takes drugs that are known or suspected to affect circulating concentrations of erythromycin. Drugs that are metabolised by the Cytochrome P450 system which could be affected by erythromycin. See Caution and Drug Interactions section
- Patients with rare hereditary problems of fructose intolerance, glucose-galactose malabsorption or sucrase-isomaltase insufficiency.
- If the patient is taking concurrent antibiotic treatment

Next review date: November 2025

Expiry date: 30/11/2025

6 of 20 pages

Patient Group Direction (PGD) for supply/administration of

Erythromycin

POM

- To patients who the pharmacist has assessed as not having capacity to understand the nature and purpose of treatment.
- Where a request has been made by a third party on behalf of a patient.

Cautions (including any relevant action to be taken)

Please refer to the [SmPC](#) for erythromycin for full details of special warnings and precautions for use.

Hypersensitivity Reactions

- In the event of severe acute hypersensitivity reactions, such as anaphylaxis, severe cutaneous adverse reactions (SCAR) (e.g. acute generalised exanthematous pustulosis (AGEP), Stevens-Johnson Syndrome, and toxic epidermal necrolysis, erythromycin therapy should be discontinued immediately and appropriate treatment should be urgently initiated.

Diabetes

- If a patient with diabetes is unsure of how to manage their condition when they are unwell or are not eating and drinking they should be advised to contact their GP or diabetic nurse.
- **Oral hypoglycaemic agents/Insulin** - The concomitant use of macrolides and oral hypoglycaemic agents (such as sulphonylureas) and/or insulin can result in significant hypoglycaemia.
- Careful monitoring of glucose is recommended

HMG-CoA reductase inhibitors (statins)

- Caution should be exercised when prescribing macrolides with statins. Rhabdomyolysis has been reported in patients taking macrolides and statins. Patients should be monitored for signs and symptoms of myopathy.
- Patients that are currently taking a statin must be given appropriate advice regarding the need to stop taking the statin until the course of treatment with erythromycin has been completed in accordance with manufacturers advice.

Calcium channel blockers (CCB's)

- Due to an increased risk of hypotension, caution is advised with the concurrent use of macrolides and CCB's metabolised by CYP3A4 (such as verapamil, amlodipine, and diltiazem).

Oral anticoagulants

Next review date: November 2025

Expiry date: 30/11/2025

7 of 20 pages

Patient Group Direction (PGD) for supply/administration of

Erythromycin

POM

- There is a risk of serious haemorrhage and significant elevations in International Normalized Ratio (INR) and prothrombin time when erythromycin is co-administered with warfarin. INR and prothrombin times should be frequently monitored while patients are receiving erythromycin and oral anticoagulants concurrently.
- **Patients must be referred to the clinic responsible for INR monitoring within 3 days of starting antibiotic treatment.**
- Caution should be exercised when erythromycin is co-administered with direct acting oral anticoagulants such as dabigatran, rivaroxaban and apixaban, particularly to patients at high risk of bleeding.

Pregnancy

- A patient information leaflet (PIL) is available to support a patient in their decision to use antibiotics during pregnancy. [bumps - best use of medicine in pregnancy \(medicinesinpregnancy.org\)](http://www.bumps-bestuseofmedicineinpregnancy.org/medicinesinpregnancy.org)

Breastfeeding

- Erythromycin passes into breast milk in very small amounts and is unlikely to be harmful. It can cause some babies to have mild stomach upsets

Hepatic failure

- Hepatic dysfunction including increased liver enzymes and/or cholestatic hepatitis, with or without jaundice, has been infrequently reported with erythromycin. Some patients may have had pre-existing hepatic disease or may have been taking other hepatotoxic medicinal products. Patients should be advised to stop treatment and contact their doctor if signs and symptoms of hepatic disease develop, such as anorexia, jaundice, dark urine, pruritus or tender abdomen.

Cardiovascular Events

- Prolonged cardiac repolarisation and QT interval, imparting a risk of developing cardiac arrhythmia and torsade de pointes, have been seen in treatment with macrolides.
- Macrolides should be used with caution in the following patients:
 - Patients concomitantly taking other medicinal products that can cause hypokalaemia (e.g. corticosteroids, diuretics and short acting beta 2 agonists) See [BNF](#) for

Next review date: November 2025

Expiry date: 30/11/2025

8 of 20 pages

Patient Group Direction (PGD) for supply/administration of

| | |
|---------------------|------------|
| Erythromycin | POM |
|---------------------|------------|

further information.

Pseudomembranous colitis

- Pseudomembranous colitis has been reported with nearly all antibacterial agents and may range in severity from mild to life-threatening.
- Clostridioides difficile- associated diarrhoea (CDAD) has been reported with use of nearly all antibacterial agents and may range in severity from mild diarrhoea to fatal colitis.
- Drugs inhibiting peristalsis should be avoided.

Sucrose in erythromycin oral suspension

- Erythromycin oral suspension may contain sucrose
- To be taken into consideration in patients with diabetes mellitus
- May be harmful to teeth

Action to be taken if individual is excluded or declines treatment

- Phone 999 immediately for anyone attending who has life-threatening symptoms such as stridor, breathing difficulty or dehydration that is associated with sore throat.
- If patient meets the exclusion criteria, refer to a medical practitioner. The urgency with which a referral needs to be made is based on the presenting symptoms following clinical examination. Patients presenting with any of the following symptoms must be referred to the Emergency Department:
 - Severe suppurative complications (e.g. peri-tonsillar abscess or cellulitis, parapharyngeal abscess, retropharyngeal abscess, or Lemierre syndrome) as there is a risk of airway compromise or rupture of the abscess.
 - Signs of being markedly systemically unwell and is at risk of immunosuppression.
 - Suspected Kawasaki disease.
 - Diphtheria: characteristic tonsillar or pharyngeal membrane.
 - Signs of being profoundly unwell and the cause is unknown or a rare cause is suspected, for example: Stevens–Johnson syndrome or Yersinia pharyngitis.
- Explain the reasons for exclusion to the patient and document in the consultation record.
- If the patient declines treatment; advise of the consequences of not receiving treatment and document the advice given and details of any referral made and their (patient, parent or guardian) intended actions.
- Patients may be provided with advice and symptomatic treatment from the analgesic section of the service formulary.

Next review date: November 2025

Expiry date: 30/11/2025

9 of 20 pages

Patient Group Direction (PGD) for supply/administration of

| | |
|---------------------|------------|
| Erythromycin | POM |
|---------------------|------------|

| | |
|-----------------------|---|
| Further advice | If there is any doubt about the administration of the medication or patient's fitness or suitability to receive the medication, a doctor should be consulted. Refer to SmPC and BNF . |
|-----------------------|---|

Description of treatment

| | |
|---|--|
| Name, form & strength of medicine | <ul style="list-style-type: none"> • Erythromycin 250mg or 500mg tablets • Erythromycin 250mg/5ml or 500mg/5ml oral suspension • Erythromycin 250mg/5ml or 500mg/5ml sugar-free oral suspension |
| Legal category | POM - Prescription only medicine |
| Indicate any off-label use (if relevant) | <ul style="list-style-type: none"> • Erythromycin oral suspension – No off-label use • Erythromycin tablets – Yes <p>If the patient is unable to swallow tablets AND erythromycin oral suspension is unavailable the tablets may be dispersed in water <u>OR</u> crushed and mixed with liquid or soft food. See Specialist Pharmacy Service (SPS) guidance for patients with swallowing difficulties for further advice.</p> <p>It is important to note the following:</p> <ul style="list-style-type: none"> ○ administration in this way is off-label (used outside of the product licence). ○ when crushing tablets or opening capsules, caution should be exercised on handling the antibiotic powder produced to avoid contact sensitisation or inhalation. <p>Safety measures that should be used include:</p> <ul style="list-style-type: none"> ○ use a closed system e.g. dispersing a tablet in the barrel of a syringe. ○ wear gloves to reduce contact with the skin, and a mask to prevent dust inhalation. ○ sensitisation is a risk with all of the antibiotics <p>Parents/carers with erythromycin allergy should avoid involvement in preparing and administering the tablets this way.</p> |
| Route / Method of administration | <p>Oral</p> <ul style="list-style-type: none"> ➤ <u>Erythromycin tablets:</u> Each tablet should be swallowed whole with water ➤ <u>Erythromycin oral suspension:</u> Follow the instructions for reconstitution |

Next review date: November 2025

Expiry date: 30/11/2025

10 of 20 pages

Patient Group Direction (PGD) for supply/administration of

| | |
|---------------------|------------|
| Erythromycin | POM |
|---------------------|------------|

| | |
|--|---|
| <p>Dose and frequency of administration</p> | <p><u>When supplying erythromycin 250mg tablets:</u> Adults and children aged 8 years and over TWO tablets (500mg) to be taken FOUR times a day for FIVE days</p> <p><u>When supplying erythromycin 500mg tablets:</u> Adults and children aged 8 years and over ONE tablet (500mg) to be taken FOUR times a day for FIVE days</p> <p><u>When supplying the 250mg/5ml oral suspension:</u> Children aged 5-7 years old 250mg (ONE 5mL spoonful) to be taken every SIX hours (FOUR times daily) for FIVE days</p> <p>Adults and children 8 years and over 500mg (TWO 5mL spoonful's) to be taken every SIX hours (FOUR times daily) for FIVE days</p> <p><u>When supplying the 500mg/5mL oral suspension:</u> Children aged 5-7 years old 250mg (HALF a 5mL spoonful [2.5mL]) to be taken every SIX hours (FOUR times daily) for FIVE days</p> <p>Adults and children 8 years and over 500mg (ONE 5mL spoonful) to be taken every SIX hours (FOUR times daily) for FIVE days</p> |
| <p>Duration of treatment</p> | <p>This PGD only allows for the duration stated in the dosage schedule above.</p> |
| <p>Quantity to be supplied</p> | <p>Appropriately labelled pack(s) to provide treatment for FIVE days:</p> <p>Supplying tablets:</p> <ul style="list-style-type: none"> ○ 40 x 250mg tablets OR ○ 20 x 500mg tablets <p>Supplying the 250mg/5mL oral suspension:</p> <ul style="list-style-type: none"> ○ For children 5-7 years old: One original pack (100ml) erythromycin ethylsuccinate 250mg/5mL oral suspension OR sugar free oral suspension ○ For adults and children 8 years and over: 2 original packs (2 x 100mls) erythromycin ethylsuccinate 250mg/5mL oral suspension or sugar-free oral suspension <p>Supplying the 500mg/5mL oral suspension:</p> <ul style="list-style-type: none"> ○ One original pack (100ml) erythromycin ethylsuccinate 500mg/5mL oral suspension OR sugar free oral suspension |

Next review date: November 2025

Expiry date: 30/11/2025

11 of 20 pages

Patient Group Direction (PGD) for supply/administration of

| | |
|---------------------|------------|
| Erythromycin | POM |
|---------------------|------------|

| | |
|--------------------------|---|
| Storage | Medicines must be stored securely and in accordance with product SmPC Tablets: Store below 25°C Following reconstitution: do not store oral suspension above 25°C. The reconstituted granules have a shelf life of 14 days. |
| Disposal | Advise return of any unused medication to community pharmacy for safe disposal |
| Drug interactions | <p>The following list of interactions is not exhaustive. A detailed list of drug interactions can be found in the SmPC and the BNF.</p> <p>Contraindications Please note many drugs listed are contraindicated in pregnancy but have been included for completeness.</p> <p>Concurrent treatment with:</p> <ul style="list-style-type: none">➤ Drugs that prolong the QT interval (see BNF for all drugs that can prolong QT interval) including:<ul style="list-style-type: none">○ amisulpride○ astemizole○ cisapride○ dronedarone○ mizolastine○ pimozone○ terfenadine○ tolterodine○ domperidone➤ Ergotamine or Dihydroergotamine➤ Drugs that are inducers of CYP3A4 (e.g. rifampicin, phenytoin, carbamazepine, phenobarbital, St John's Wort may induce the metabolism of erythromycin. Erythromycin should not be used during and two weeks after treatment with CYP3A4 inducers.➤ Anti-bacterial agents: an in vitro antagonism exists between erythromycin and the bactericidal beta-lactam antibiotics (e.g. penicillin, cephalosporin). Erythromycin antagonises the action of clindamycin, lincomycin and chloramphenicol. The same applies for streptomycin, tetracyclines and colistin.➤ Theophylline➤ Hydroxychloroquine and Chloroquine➤ Drugs that are known or suspected to affect or be affected by circulating concentrations of erythromycin, including:<ul style="list-style-type: none">○ Colchicine○ Protease inhibitors○ Zopiclone <p>Cautions for use</p> |

Next review date: November 2025

Expiry date: 30/11/2025

12 of 20 pages

Patient Group Direction (PGD) for supply/administration of

| | |
|---------------------|------------|
| Erythromycin | POM |
|---------------------|------------|

Erythromycin should be used with caution in patients also prescribed the following drugs.

- HMG-CoA reductase inhibitors (statins) - Patients that are currently taking a statin must be advised to stop taking the statin until the course of treatment with erythromycin has been completed (i.e. for 5 days).
- Oral hypoglycaemic agents/Insulin - Careful monitoring of glucose is recommended.
- Oral anticoagulants - Patients must be referred to the clinic responsible for INR monitoring within 3 days of starting erythromycin treatment.
- Calcium channel blockers (CCB's) - due to an increased risk of hypotension, caution is advised with the concurrent use of macrolides and CCB's metabolised by CYP3A4 (such as verapamil, amlodipine, and diltiazem).
- Medicinal products that can cause hypokalaemia (e.g. corticosteroids and diuretics)
- Contraceptives
- Cimetidine may inhibit the metabolism of erythromycin which may lead to an increased plasma concentration.
- Drugs that are metabolised by the cytochrome P450 system: including: acenocoumarol, alfentanil, bromocriptine, cilostazol, cyclosporin, digoxin, disopyramide, hexobarbitone, methylprednisolone, omeprazole, quinidine, rifabutin, sildenafil, tacrolimus, valproate, vinblastine and antifungals e.g. fluconazole, ketoconazole and itraconazole
- Triazolobenzodiazepines such as triazolam, alprazolam and midazolam.

Identification & management of adverse reactions

A detailed list of adverse reactions is available in the [SmPC](#) and the [BNF](#).

- Advise the patient that if any of the following side effects occur, discontinue treatment immediately and contact A&E or dial 999:
 - A red scaly rash with bumps under the skin and blisters (exanthematous pustulosis)
 - Difficulty breathing
 - Fainting
 - Swelling of the face, lips or throat
 - Skin rashes
- Severe skin reactions including large fluid filled blisters, sores and ulcers
- Ulcers in the mouth or throat

Next review date: November 2025

Expiry date: 30/11/2025

13 of 20 pages

Patient Group Direction (PGD) for supply/administration of

| | |
|---------------------|------------|
| Erythromycin | POM |
|---------------------|------------|

| | |
|---|---|
| | <ul style="list-style-type: none"> ➤ <u>Very common to common adverse reactions</u> (affecting between 1 in 10 and 1 in 100 patients) with erythromycin (and does not reflect all reported side effects): <ul style="list-style-type: none"> ○ Abdominal pain/discomfort ○ Nausea ○ Vomiting ○ Diarrhoea ➤ <u>Other adverse effects reported:</u> <ul style="list-style-type: none"> ○ Cholestatic hepatitis with or without jaundice ○ Hepatotoxicity ○ Rash ○ Low blood pressure ○ Visual impairment or blurred vision ○ Hallucinations ○ Confusion ○ Problems with balance or feeling dizzy ○ Antibiotic associated colitis ○ Arrhythmias ○ Pancreatitis ○ QT interval prolongation ○ Steven Johnson syndrome ○ Toxic epidermal necrolysis ○ Hypersensitivity /allergic reactions ranging from urticaria to anaphylaxis have occurred ➤ <u>Frequency of adverse effects not known:</u> <ul style="list-style-type: none"> ○ Reversible hearing loss (sometimes with tinnitus) can occur after large doses. |
| <p>Management of and reporting procedure for adverse reactions</p> | <p>Any adverse reaction to the product should be documented in the patient's medical records. Alert a doctor in the event of a serious adverse reaction.</p> <p>Report any suspected adverse reactions to the Medicines and Healthcare products Regulatory Agency (MHRA) by using the Yellow Card reporting scheme.</p> |
| <p>Written or other information to be given to individual or carer</p> | <ul style="list-style-type: none"> ➤ Supply the marketing authorisation holder's patient information leaflet (PIL). ➤ Supply the Information for parents and carers leaflet if they cannot swallow tablets and the liquid is unavailable ➤ A PIL is available to support a patient in their decision to use antibiotics during pregnancy. bumps - best use of medicine in pregnancy (medicinesinpregnancy.org) ➤ Provide all patients/carers with a copy of the TARGET PIL |

Next review date: November 2025

Expiry date: 30/11/2025

14 of 20 pages

Patient Group Direction (PGD) for supply/administration of

| | |
|---------------------|------------|
| Erythromycin | POM |
|---------------------|------------|

| | |
|--------------------------------------|--|
| Individual advice / follow up | <p>Inform the patient or their carer:</p> <ul style="list-style-type: none">➤ That the tablets should be swallowed whole with a glass of water.➤ The suspension should be shaken well before each dose➤ Erythromycin should be taken before food.➤ The tablets should not be crushed or chewed. However, if the patient can't swallow tablets and the liquid is unavailable the tablets can be dispersed in liquid or crushed and mixed with liquid or soft food.➤ If they get any side effects, to talk to their doctor, or pharmacist or nurse. This includes any possible side effects not listed in the PIL➤ To discontinue treatment and seek medical advice in the event of a severe adverse reaction➤ To read the PIL before taking the medication➤ To visit the NHS website on erythromycin for more information➤ To seek medical attention if their condition deteriorates and/or they become systemically unwell or if their symptoms do not improve |
|--------------------------------------|--|

| | |
|--|---|
| Special considerations / additional information | <p>Inform the patient or their carer:</p> <ul style="list-style-type: none">➤ That the condition is self-limiting and is likely to get better within 7 days, with or without antibiotic treatment➤ To seek further healthcare advice if symptoms do not improve within 7 days or worsen.➤ That taking simple analgesics at regular intervals will help temperature and discomfort.➤ That adults and older children may find sucking throat lozenges, ice cubes or flavoured frozen desserts (e.g. ice lollies) provides symptomatic relief.➤ That they may wish to try medicated lozenges to help reduce pain but their benefit is likely to be small. It is unclear if throat sprays containing an antiseptic plus local anaesthetic or benzydamine gargles help symptoms.➤ To avoid smoking and smoky environments.➤ To drink plenty of cool or warm fluid and avoid very hot drinks that could irritate the throat. Eat cool and soft foods.➤ That adults can try a warm saline mouthwash and gargle (half a teaspoon of salt in a glassful of warm water) at frequent intervals, but do not swallow the mouthwash – this is not suitable for young children. <p>Reinforce messages around preventing infections e.g. wash hands frequently, avoid sharing glasses or utensils with people who are ill, cough or sneeze into a tissue and dispose of it in the bin.</p> |
|--|---|

Next review date: November 2025

Expiry date: 30/11/2025

15 of 20 pages

Patient Group Direction (PGD) for supply/administration of

Erythromycin

POM

Records and Audit Trail

Records

Appropriate records must include the following:

- That valid informed consent has been given
- Patient's name, address and date of birth
- Name of GP patient is registered with
- Specify how the patient has/has not met the criteria of the PGD
- Name/dose/form/quantity of medicine supplied
- Date and time of supply
- Relevant past and present medical history
- Documentation of cautions as appropriate
- Advice given if the patient excluded or declines treatment
- Details of any ADRs/allergy status and actions taken
- The supply must be entered in the Patient Medication Record (PMR)
- That supply was made under a PGD
- Any safety incidents, such as medication errors, near misses and suspected adverse events
- Any additional requirements in accordance with the service specification
- GP to be notified within 24 hours (where possible) of the supply.
- All records must be kept for the time periods in line with the DOH Good Management, [Good records guidelines](#). This includes individual data, master copies of the PGD and lists of authorised practitioners.

Records should be signed and dated.

All records should be clear, legible and contemporaneous.

A record of all patients receiving treatment under this PGD should also be kept for audit purposes in accordance with local policy.

Additional Facilities / Requirements

- The pharmacy must have a Standard Operating Procedure (SOP) for providing the service, with the appropriate procedures and policies in place, including consent, record keeping, competency and training requirements.
- Medication supplied using this PGD must be labelled with the same labelling and other information which patients would otherwise have received if the medicine had been supplied against a prescription. If a PMR system is used it should be documented that the medicine was supplied via PGD.
- Access to medical support (this may be via telephone).

Next review date: November 2025

Expiry date: 30/11/2025

16 of 20 pages

Patient Group Direction (PGD) for supply/administration of

| | |
|---------------------|------------|
| Erythromycin | POM |
|---------------------|------------|

- Safe storage areas for medicines and equipment.
- Clean and tidy clinical rooms that allow confidentiality and patient privacy and access to hand washing facilities.
- Access to the latest information on erythromycin contraindications, cautions, side effects and interactions.
- Access to PPE and suitable RAD tests.
- Pharmacists must possess appropriate professional indemnity

Key references

- Electronic BNF <https://bnf.nice.org.uk/>
- Summary Product Characteristics SmPC. Available from: [Home - electronic medicines compendium \(emc\) https://www.medicines.org.uk](#)
- Patient Group Directions. Medicines practice guideline [MPG2] <http://www.nice.org.uk/guidance/mpg2/resources>
- GPhC In Practice: Guidance on Consent 2018. Available at: https://www.pharmacyregulation.org/sites/default/files/document/in_practice_guidance_on_consent_june_2018.pdf
- GPhC in Practice: Guidance on confidentiality 2018. Available at: https://www.pharmacyregulation.org/sites/default/files/document/in_practice_guidance_on_confidentiality_june_2018.pdf
- Clinical Knowledge Summaries Sore Throat – acute. Available from <https://cks.nice.org.uk>
- BMJ Best Practice. Acute pharyngitis. Available from <https://bestpractice.bmj.com>
- Management of Sore Throat and Indications for tonsillectomy – SIGN guidance 117 April 2010 Available from <https://www.sign.ac.uk>
- AWMSG All Wales Common Ailments Formulary [Common ailments formulary - All Wales Therapeutics and Toxicology Centre \(nhs.wales\) https://awttc.nhs.wales](#)
- NICE Guideline NG84 Sore throat (acute): antimicrobial prescribing, <https://www.nice.org.uk/guidance/ng84/chapter/Recommendations#managing-acute-sore-throat>
- Patient UK. Sore Throat Cause, Symptoms and Treatment. Available from <https://patient.info>
- BMJ Best Practice. Tonsillitis. Available from <https://bestpractice.bmj.com>
- [Specialist Pharmacy Service \(SPS\) guidance for patients with swallowing difficulties](#)
- Yellow Card Reporting site. <http://yellowcard.mhra.gov.uk>
- Leaflets A to Z. Best Use of Medicines in Pregnancy BUMPS provided by the UK Teratology Information Service (UKTIS) Available from [bumps - best use of medicine in pregnancy \(medicinesinpregnancy.org\)](#)

Next review date: November 2025

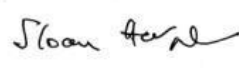

Expiry date: 30/11/2025

17 of 20 pages

Patient Group Direction (PGD) for supply/administration of

| | |
|---------------------|------------|
| Erythromycin | POM |
|---------------------|------------|

PGD Template Development

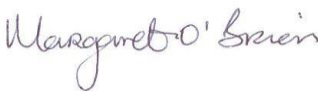

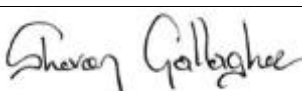
| | Name | Signature | Date |
|-------------------|---|--|-------------|
| Clinician | Dr Sloan Harper SPPG Medical Adviser |  | 06/10/23 |
| Pharmacist | Siobhan O'Hare-Smith SPPG Pharmacy Adviser |  | 18/10/23 |

This PGD has been reviewed and updated by the Regional PGD Review Group:

| Name | Designation |
|----------------|-----------------------|
| Sinead McElroy | SPPG Pharmacy Adviser |

SPPG Authorisation for use in Community Pharmacies in Northern Ireland

This Patient Group Direction has been approved for use by the DoH Strategic Planning and performance Group by:

| Primary Care approval | | | |
|--|--|--|-------------|
| Role | Name | Sign | Date |
| SPPG Head of General Medical Services | Dr Margaret O'Brien |  | 25/10/2023 |
| SPPG Head of Pharmacy & Medicines Management | Joe Brogan FPSNI |  | 19/10/2023 |
| SPPG Clinical Governance Lead | Sharon Gallagher Deputy Secretary Department of Health |  | 30/10/2023 |

Next review date: November 2025

Expiry date: 30/11/2025

18 of 20 pages

Patient Group Direction (PGD) for supply/administration of

| | |
|---------------------|------------|
| Erythromycin | POM |
|---------------------|------------|

Authorisation Page – Community Pharmacies

Organisations using PGDs must designate an appropriate person within the organisation to ensure that only fully competent, qualified and trained healthcare professionals operate within a PGD.

This page must be completed by pharmacists who will operate under the PGD i.e. pharmacists working in the community pharmacy

Name of Community Pharmacy:

The Pharmacy Manager / Contractor on behalf of the independent pharmacy contractor has accepted the responsibility to ensure that:

1. The named pharmacists (listed on the signature sheet) have received the appropriate training as detailed in the service specification and guidance.
2. Only fully competent, qualified and trained pharmacists operate within these directions on behalf of the community pharmacy.
3. The content of the Patient Group Direction is agreed on behalf of the independent pharmacy contractor.
4. Authorised staff should have access to a copy of the PGD indicating their authorisation to work within the scope of the PGD.

Signature **Date**.....

Name (please print)

Patient Group Direction (PGD) for supply/administration of

Erythromycin

POM

Authorisation Page - Individual Signature Sheet

The following registered pharmacists are allowed to operate under this PGD

I have read and understood the Patient Group Direction and agree to supply this medicine only in accordance with this PGD. I understand that PGDs do not remove inherent professional obligations or accountability and it is the responsibility of each professional to practice only within the bounds of their own competence and in accordance with the "Code for pharmacists in Northern Ireland".

| Name of Professional (PRINT) | Signature | Date |
|------------------------------|-----------|------|
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |

Print extra copies of this page as need be. Page ___ of ___

Next review date: November 2025

Expiry date: 30/11/2025

20 of 20 pages