

Location	Organisation	Background	Services	Specific referral criteria	Contact details	Additional resources
Newry, Banbridge	SPRING - Clanrye	SPRING Social Prescribing helps people aged 18+ to address; social, emotional and practical needs, by connecting them to sources of support within their community to improve their health and wellbeing.	Community support programmes and activities are to support those suffering from social isolation, low mood, mild depression, long term conditions or physical inactivity. They can include social clubs, physical activities, arts & crafts, counselling, peer support groups for those with long term conditions, advice and guidance or volunteering groups.	those aged 18 years or over needing early intervention and prevention support (promotion of health and wellbeing) or Low level/ co-produced support with primary care (such as targeted services in relation to low level mental health needs, pre-diabetes, social connections)	Drumalane Mill, The Quays, Newry, BT35 8QS, Annmarie Flanagan, annemarie.flanagan@clanyegroup.com, 07890315059	See Living Well webpage for pharmacy specific leaflets and resources or contact 07890315059

This list is not exhaustive. There may be other providers not listed. The list has been compiled from local sources but inclusion does not imply endorsement by PHA/SPPG.

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<p>Armagh</p>	<p>SPRING - West Armagh Consortium</p>	<p>SPRING Social Prescribing helps people aged 18+ to address; social, emotional and practical needs, by connecting them to sources of support within their community to improve their health and wellbeing.</p>	<p>Community support programmes and activities are to support those suffering from social isolation, low mood, mild depression, long term conditions or physical inactivity. They can include social clubs, physical activities, arts & crafts, counselling, peer support groups for those with long term conditions, advice and guidance or volunteering groups.</p>	<p>those aged 18 years or over needing early intervention and prevention support (promotion of health and wellbeing) or Low level/ co-produced support with primary care (such as targeted services in relation to low level mental health needs, pre-diabetes, social connections)</p>	<p>20 Cathedral Rd, Armagh BT61 7QX, Elaine Kennedy, elainewestarmaghconso rtiumsp@gmail.com, 07483059881</p>	<p>See Living Well webpage for pharmacy specific leaflets and resources or contact 07483059881</p>
<p>Southern Area</p>	<p>AGE-NI First Connect</p>	<p>Age NI's First Connect service offers dedicated emotional and practical support at difficult times in an individual's life; situations which are often triggered</p>	<p>https://www.ageuk.org.uk/northern-ireland/services/carewellbeing-services/first-connect-service/</p>	<p>those aged 60 years and over</p>	<p>Emma McLoughlin, emma.mcloughlin@ageni.org</p>	<p>https://www.ageuk.org.uk/northern-ireland/services/carewellbeing-services/first-connect-service/</p>

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		by feeling the loss of independence or sudden unexpected changes in important relationships				
Regional	AGE-NI CHIC	Check in and Chat	provide a weekly volunteer telephone call to help individuals stay connected and reduce loneliness and isolation.	those aged 60 and over	08088087575	https://www.ageuk.org.uk/northern-ireland/information-advice/coronavirus-covid-19/check-in-and-chat/
Regional	AGE-NI Advice team	We provide free information and advice to help you on topics as diverse as claiming benefits to care homes.	A freephone number that covers most areas regarding advice eg benefits, housing, carer rights.	anyone aged 50 and over	08088087575	https://www.ageuk.org.uk/northern-ireland/services/advice-advocacy/

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