

Location	Organisation	Background	Services	Specific referral criteria	Contact details	Additional resources
Derry/ Londonderry	SPRING - Bogside & Brandywell Health Forum	SPRING Social Prescribing helps people aged 18+ to address; social, emotional and practical needs, by connecting them to sources of support within their community to improve their health and wellbeing.	Community support programmes and activities are to support those suffering from social isolation, low mood, mild depression, long term conditions or physical inactivity. They can include social clubs, physical activities, arts & crafts, counselling, peer support groups for those with long term conditions, advice and guidance or volunteering groups.	those aged 18 years or over needing early intervention and prevention support (promotion of health and wellbeing) or Low level/ co-produced support with primary care (such as targeted services in relation to low level mental health needs, pre-diabetes, social connections)	128 Lecky Road, Derry/ Londonderry, BT48 6NP, Bronagh Cooper , bronagh@bbhealthforum.org , 02871365330	See Living Well webpage for pharmacy specific leaflets and resource or contact 02871365330

This list is not exhaustive. There may be other providers not listed. The list has been compiled from local sources but inclusion does not imply endorsement by PHA/SPPG.

<p>Irvinestown, Enniskillen</p>	<p>SPRING - ARC HLC</p>	<p>SPRING Social Prescribing helps people aged 18+ to address; social, emotional and practical needs, by connecting them to sources of support within their community to improve their health and wellbeing.</p>	<p>Community support programmes and activities are to support those suffering from social isolation, low mood, mild depression, long term conditions or physical inactivity. They can include social clubs, physical activities, arts & crafts, counselling, peer support groups for those with long term conditions, advice and guidance or volunteering groups.</p>	<p>those aged 18 years or over needing early intervention and prevention support (promotion of health and wellbeing) or Low level/ co-produced support with primary care (such as targeted services in relation to low level mental health needs, pre-diabetes, social connections)</p>	<p>116-122 Sallys Wood, Irvinestown, Enniskillen BT94 1HQ, Anja Rosler, anjarosler@hotmail.com , 028 68628741</p>	<p>See Living Well webpage for pharmacy specific leaflets and resource or contact 028 68628741</p>
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Lisnaskea, Enniskillen	SPRING - OAK HLC	SPRING Social Prescribing helps people aged 18+ to address; social, emotional and practical needs, by connecting them to sources of support within their community to improve their health and wellbeing.	Community support programmes and activities are to support those suffering from social isolation, low mood, mild depression, long term conditions or physical inactivity. They can include social clubs, physical activities, arts & crafts, counselling, peer support groups for those with long term conditions, advice and guidance or volunteering groups.	those aged 18 years or over needing early intervention and prevention support (promotion of health and wellbeing) or Low level/ co-produced support with primary care (such as targeted services in relation to low level mental health needs, pre-diabetes, social connections)	Main St, Lisnaskea, Enniskillen BT92 OJE, Julie Baterney , julieln@hotmail.com , 028 67723843	See Living Well webpage for pharmacy specific leaflets and resource or contact 028 67723843
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Western Social Prescribers – Living Well Resource – Correct as of December 2022 – Subject to change

Regional	AGE-NI CHIC	Check in and Chat	provide a weekly volunteer telephone call to help individuals stay connected and reduce loneliness and isolation.	those aged 60 and over	08088087575	https://www.ageuk.org.uk/northern-ireland/information-advice/coronavirus-covid-19/check-in-and-chat/
Regional	AGE-NI Advice team	We provide free information and advice to help you on topics as diverse as claiming benefits to care homes.	A freephone number that covers most areas regarding advice eg benefits, housing, carer rights.	anyone aged 50 and over	08088087575	https://www.ageuk.org.uk/northern-ireland/services/advice-advocacy/

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