

## Pharmacy First for Uncomplicated Lower Urinary Tract Infections (UTIs) in women aged 16 to 64 years

### Community pharmacy service flowchart

Patient contacts the pharmacy with symptoms suggestive of Lower UTI

- By phone (ask patient to bring urine sample)
- In person in the pharmacy



Check patient eligibility by applying the exclusion criteria below:

- Is the patient male? Or female < 16 or > 64 years? Y/N
- Is the patient a temporary resident or resident in a care home? Y/N
- Is the patient pregnant or breastfeeding? Y/N
- Has the patient received more than two antibiotics for UTI in the previous 6 months? Y/N
- Does the patient use urinary catheters? Y/N
- Does the patient have renal impairment? Y/N
- Does the patient have symptoms suggesting other vaginal / urethral causes? Y/N
- Does the patient have haematuria only? Y/N
- Is the patient immunocompromised? Y/N
- Does the patient have any of the following; porphyria, G6PD deficiency, anaemia, diabetes, vitamin B deficiency, peripheral neuropathy or electrolyte imbalance? Y/N
- Are the symptoms suggestive of more serious systemic illness such as pyelonephritis or sepsis? Y/N

Patient suitable if all answers above are No

Patient not suitable if any of the answers above are Yes

- Arrange a suitable time for the consultation
- Discuss the privacy notice
- Obtain consent

Refer patient to the most appropriate healthcare professional