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Medicine Supply Notification: Norethisterone (Noriday®) 350microgram tablets

Tier 2 – medium impact

Date of issue: 25/01/2024

[Medicines Supply Tool – SPS - Specialist Pharmacy Service – The first stop for professional medicines advice](#)

Summary

- Norethisterone (Noriday®) 350microgram tablets are out of stock until mid-February 2024.
- Alternative progestogen-only oral contraceptives remain available and can support increased demand.

Actions Required

Prescribers should identify patients who have insufficient supplies to last until the re-supply date and:

- review patients to determine if this is still the most suitable therapy;
- consider prescribing an alternative progestogen-only oral contraceptive, ensuring that the patient is not intolerant to the drug and any of the excipients and is counselled on the dosing regimen and management of missed doses (see supporting information below).

Supporting information

Clinical Information

Noriday® is an older generation progestogen-only pill (POP) and the only one containing norethisterone. It has a three-hour missed dose window. Another older generation POP is Norgeston® (levonorgestrel 30micrograms), which also has the same missed dose time window. The newer generation POPs contain desogestrel 75micrograms (branded generic formulations available) which have a longer time window for missed doses. Switches between POPs can be made at any time in the cycle.

The off-label use of 3 tablets of Noriday® tablets daily to provide 1.05 mg of norethisterone is part of a continuous combined HRT regimen for endometrial protection in non-hysterectomised women recommended by the British Menopause Society. Another norethisterone based -regimen that is recommended is use of 5mg tablets for 12 days a month (cyclical).

Links for further information:

- [FSRH Clinical Guideline: Progestogen-only pills](#)
- [Oral progestogen-only contraceptives - BNF](#)
- [Progestogen-only pill | CKS | NICE](#)
- [SmPC – Desogestrel 75microgram tablets](#)
- [SmPC – Norgeston® 30microgram tablets](#)
- [SmPC – Noriday® 350microgram tablets](#)
[British Menopause Society. Progestogens and endometrial protection](#)