

**Part IX (a)****List of Preparations Approved by the Department that may be prescribed On Form HS21D by Dentists**

AS Saliva Orthana Spray (a medical device listed in Part III)  
Aciclovir Cream BP  
Aciclovir Oral Suspension BP 200mg/5ml  
Aciclovir Tablets BP 200mg, 800mg  
Amoxicillin Capsules BP  
Amoxicillin Oral Powder DPF  
Amoxicillin Oral Suspension BP (includes sugar-free formulation)  
Artificial Saliva Gel DPF  
Artificial Saliva Oral Spray DPF  
Artificial Saliva Pastilles DPF  
Artificial Saliva Protective Spray DPF  
Artificial Saliva Substitutes as listed below (to be prescribed only for indications approved by ACBS)  
# AS Saliva Orthana Lozenges  
# Bioextra  
# Glandosane  
# Saliveze  
Aspirin Tablets Dispersible BP  
Azithromycin Capsules 250mg DPF  
Azithromycin Oral Suspension 200mg/5ml DPF  
Azithromycin Tablets 250mg, 500mg DPF

Beclometasone Pressurised Inhalation BP 50micrograms/metered inhalation CFC-free as: Clenil  
Modulite  
Benzydamine Mouthwash BP 0.15%  
Benzydamine Oromucosal Spray BP 0.15%  
Betamethasone Soluble Tablets 500microgram DPF

Carbamazepine Tablets BP  
Cefalexin Capsules BP  
Cefalexin Oral Suspension BP  
Cefalexin Tablets BP  
Cefradine Capsules BP  
Cetirizine Oral Solution 5mg/5ml BP  
Cetirizine Tablets 10mg BP  
Chlorhexidine Gluconate Gel BP  
Chlorhexidine Mouthwash BP 0.2% w/v  
Chlorhexidine Oral Spray DPF  
Chlorphenamine Oral Solution BP (includes sugar-free formulation)  
Chlorphenamine Tablets BP  
Choline Salicylate Dental Gel BP  
Clarithromycin Oral Suspension 125mg/5ml DPF  
Clarithromycin Oral Suspension 250mg/5ml DPF  
Clarithromycin Tablets BP  
Clindamycin Capsules BP  
Co-amoxiclav Oral Suspension BP 125/31 (amoxicillin 125mg as trihydrate, clavulanic acid 31.25mg as potassium salt)/5ml (includes sugar-free formulation)  
Co-amoxiclav Oral Suspension BP 250/62 (amoxicillin 250mg as trihydrate, clavulanic acid 62.5mg as potassium salt)/5ml (includes sugar-free formulation)  
Co-amoxiclav Tablets BP 250/125 (amoxicillin 250mg as trihydrate, clavulanic acid 125mg as potassium salt)

# These products have Advisory Committee on Borderline Substances approval for patients suffering dry mouth as a result of having (or having undergone) radiotherapy or sicca syndrome.

Diazepam Oral Solution BP 2mg/5ml  
Diazepam Tablets BP  
Diclofenac Sodium Tablets Gastro-resistant BP  
Dihydrocodeine Tablets BP 30mg  
Doxycycline Capsules BP 100mg  
Doxycycline Tablets 20mg DPF  
Doxycycline Tablets Dispersible BP

Ephedrine Nasal Drops BP  
Erythromycin Ethyl Succinate Oral Suspension BP (includes sugar-free formulation)  
Erythromycin Ethyl Succinate Tablets BP  
Erythromycin Stearate Tablets BP  
Erythromycin Tablets Gastro-resistant BP

Fluconazole Capsules 50mg DPF  
Fluconazole Oral Suspension 50mg/5ml DPF

Hydrocortisone Cream BP 1%  
Hydrocortisone Oromucosal Tablets BP  
Hydrocortisone and Miconazole Cream BP  
Hydrocortisone and Miconazole Ointment BP  
Hydrogen Peroxide Mouthwash BP 6%

Ibuprofen Oral Suspension BP sugar free  
Ibuprofen Tablets BP

Lansoprazole Gastro-Resistant Capsules BP  
Lidocaine Ointment BP 5%  
Lidocaine Spray 10% DPF  
Loratadine Syrup 5mg/5ml DPF  
Loratadine Tablets BP 10mg

Menthol and Eucalyptus Inhalation BP 1980  
Metronidazole Oral Suspension BP  
Metronidazole Tablets BP  
Miconazole Cream BP  
Miconazole Oromucosal Gel BP 24mg/ml  
Mouth-wash Solution - tablets DPF

Nystatin Oral Suspension BP (includes sugar-free formulation)

Omeprazole Gastro-resistant Capsules BP  
Oxytetracycline Tablets BP

\*Paracetamol Oral Suspension BP (includes sugar-free formulation)  
Paracetamol Tablets BP  
Paracetamol Tablets Soluble BP  
Penciclovir Cream DPF  
Phenoxymethylpenicillin Oral Solution BP (includes sugar-free formulation)  
Phenoxymethylpenicillin Tablets BP  
Promethazine Hydrochloride Tablets BP  
Promethazine Oral Solution BP

\* The title covers strengths of 120mg/5ml and 250mg/5ml, it is therefore necessary to specify the strength required.

Sodium Chloride Mouthwash Compound BP  
Sodium Fluoride Mouthwash BP  
Sodium Fluoride Oral Drops BP  
Sodium Fluoride Tablets BP  
Sodium Fluoride Toothpaste 0.619% DPF, 1.1% DPF  
Sodium Fusidate Ointment BP  
SST Saliva Stimulating Tablets (a medical device listed in Part IXA)

Temazepam Oral Solution BP  
Temazepam Tablets BP  
Tetracycline Tablets BP

**Part IX (b)****List Of Preparations Approved By The Department Which May Be Prescribed On Form HS 21(N) By Nurses for Health Service Patients**

District Nurse and Health Visitor prescribers who have completed the necessary training may only prescribe items appearing in the nurse prescribers list set below.

<sup>1</sup> Only in quantities up to 100

<sup>2</sup> Except pack sizes that are not to be prescribed under the Health Service (See Part XI A)

<sup>3</sup> Except for indications and doses that are POM

Nurses are recommended to prescribe generically, except where this would not be clinically appropriate or where there is no approved generic name.

**Medicinal Preparations**

Almond Oil Ear Drops BP

Arachis Oil Enema NPF

<sup>1</sup> Aspirin Tablets Dispersible 300mg BP

Bisacodyl Suppositories BP (includes 5mg and 10mg strengths)

Bisacodyl Tablets BP

Catheter Maintenance Solution Sodium Chloride NPF

Catheter Maintenance Solution 'Solution G' NPF

Catheter Maintenance Solution 'Solution R' NPF

Chlorhexidine Gluconate Alcoholic Solutions containing at least 0.05%

Chlorhexidine Gluconate Aqueous Solutions containing at least 0.05%

Choline Salicylate Dental Gel BP

Clotrimazole Cream 1% BP

Co-danthramer Capsules NPF

Co-danthramer Capsules Strong NPF

Co-danthramer Oral Suspension NPF

Co-danthramer Oral Suspension Strong NPF

Co-danthrusate Capsules BP

Co-danthrusate Oral Suspension NPF

Crotamiton Cream BP

Crotamiton Lotion BP

Dimeticone barrier creams containing at least 10%

Dimeticone Lotion 4%

Dimeticone Lotion Spray 4%

Docusate Capsules BP

Docusate Enema NPF

Docusate Oral Solution BP

Docusate Oral Solution Paediatric BP

Econazole Cream 1% BP

Emollients as listed below:

Aquadrate Cream 10%

Arachis Oil BP

Balneum Plus Cream

Cetaben Emollient Cream

Dermamist

Diprobase Cream

Diprobase Ointment

Doublebase  
Doublebase Dayleve Gel  
E45 Cream  
E45 Itch Relief Cream  
Emulsifying Ointment BP  
Eucerin Intensive Cream 10%  
Eucerin Intensive Lotion 10%  
Hydromol Cream  
Hydromol Intensive Cream  
Hydrous Ointment BP  
Lipobase  
Liquid and White Soft Paraffin Ointment NPF  
Neutrogena Norwegian Formula Dermatological Cream  
Nutraplus Cream  
Oilatum Cream  
Oilatum Junior Cream  
Paraffin White Soft BP  
Paraffin Yellow Soft BP  
Unguentum M

Emollient Bath and Shower Preparations as listed below:

Aqueous Cream BP  
<sup>2</sup> Balneum  
Balneum Plus Bath Oil  
Cetraben Emollient Bath Additive  
Dermalo Bath Emollient  
Doublebase Emollient Bath Additive  
Doublebase Emollient Shower Gel  
Doublebase Emollient Wash Gel  
Hydromol Bath and Shower Emollient  
Oilatum Emollient  
Oilatum Gel  
Oilatum Junior Bath Additive  
Zerolatum Emollient Medicinal Bath Oil

Folic Acid Tablets 400 micrograms BP

Glycerol Suppositories BP

<sup>3</sup> Ibuprofen Oral Suspension BP  
<sup>3</sup> Ibuprofen Tablets BP  
Ispaghula Husk Granules BP  
Ispaghula Husk Granules Effervescent BP  
Ispaghula Husk Oral Powder BP

Lactulose Solution BP  
Lidocaine Ointment BP  
Lidocaine and Chlorhexidine Gel BP

Macrogol Oral Liquid Compound NPF  
Macrogol Oral Powder Compound NPF  
Macrogol Oral Powder Compound Half-Strength NPF (Movicol-Half)  
Magnesium Hydroxide Mixture BP  
Magnesium Sulfate Paste BP  
Malathion Aqueous Lotions (containing at least 0.5%)  
Mebendazole Oral Suspension NPF  
Mebendazole Tablets NPF  
Methylcellulose Tablets BP  
Miconazole Cream 2% BP  
Miconazole Oromucosal Gel BP

Mouthwash Solution-tablets NPF

Nicotine Inhalation Cartridge for Oromucosal Use NPF

Nicotine Lozenge NPF

Nicotine Medicated Chewing Gum NPF

Nicotine Nasal Spray NPF

Nicotine Oral Spray NPF

Nicotine Sublingual Tablets NPF

Nicotine Transdermal Patches NPF

Prescriber should specify brand and strength to be dispensed

Releasing nicotine over 16 hours:

Boots NicAssist Patches

Nicorette Patches

Releasing nicotine over 24 hours:

Nicopatch Patches

NiQuitin Patches

Nicotinell TTS Patches

Nystatin Oral Suspension BP

Olive Oil Ear Drops BP

Paracetamol Oral Suspension BP (includes 120mg/5ml and 250mg/5ml strengths both of which are available as sugar-free formulations)

<sup>1</sup> Paracetamol Tablets BP

Paracetamol Tablets Soluble BP (includes 120mg and 500mg tablets)

Permethrin Cream NPF

Phosphates Enema BP

Povidone-Iodine Solution BP

Senna Oral Solution NPF

Senna Tablets BP

Senna and Ispaghula Granules NPF

Sodium Chloride Solution Sterile BP

Sodium Citrate Compound Enema NPF

Sodium Picosulfate Capsules NPF

Sodium Picosulfate Elixir NPF

Spermicidal Contraceptives as listed below:

Gygel Contraceptive Jelly

Sterculia Granules NPF

Sterculia and Frangula Granules NPF

Titanium Ointment BP

Water for Injection

Zinc and Castor Oil Ointment BP

Zinc Oxide and Dimeticone Spray NPF

Zinc Oxide Impregnated Medicated Bandage NPF

Zinc Oxide Impregnated Medicated Stocking NPF

Zinc Paste bandage, BP 1993

Zinc Paste and Ichthammol Bandage BP 1993



**PART IX (c)****Non-Medical Independent Prescribing (Nurse, Pharmacist, Optometrist, Physiotherapist & Chiropodist/Podiatrist)**

Nurse Independent Prescribers and Pharmacist Independent Prescribers are able to prescribe any medicine for any medical condition within their competence. This includes any controlled drug listed in Schedule 2-5, except diamorphine, cocaine and dipipanone as regards persons addicted to certain controlled drugs otherwise than for the purpose of treating organic disease or injury by such persons (Nurse and Pharmacist Independent Prescribers are able to prescribe other controlled drugs for the treatment of addiction).

Nurse Independent Prescribers may mix a controlled drug with another medicine and may supply and/or administer morphine under a Patient Group Direction for the immediate and necessary treatment of sick or injured persons.

Optometrist Independent Prescribers can prescribe any licensed medicine for ocular conditions affecting the eye and surrounding tissue, but cannot prescribe any controlled drug independently.

Physiotherapist Independent Prescribers can prescribe any licensed medicine for any condition within their competence within the overarching framework of human movement, performance and function. With effect from 15 November 2019, this includes the following controlled drugs, provided the drug is administered by the specified method: Diazepam (oral), Dihydrocodeine (oral), Fentanyl (transdermal), Lorazepam (oral), Morphine (oral or by injection), Oxycodone (oral), and Temazepam (oral).

Podiatrist Independent Prescribers can prescribe any licensed medicine within their competence and relevant to the treatment of disorders affecting the foot, ankle and associated structures. With effect from 15 November 2019, this includes the following controlled drugs, provided the drug is administered by the specified method: Diazepam (oral), Dihydrocodeine (oral), Lorazepam (oral), and Temazepam (oral).

Nurse, Pharmacist Optometrist, Physiotherapist & Chiropodist/Podiatrist Independent Prescribers:

- must work within their own level of professional competence and expertise;
- are recommended to prescribe generically, except where this would not be clinically appropriate or where there is no approved generic name;
- can prescribe licensed medicines independently for uses outside their licensed indications (so-called 'off-licence' or 'off-label'). They must accept clinical/legal responsibility for that prescribing, and should only prescribe off-licence/off-label where it is accepted clinical practice. In general, the General Optical Council discourages optometrists from prescribing 'off-licence' or 'off-label'. Further guidance is provided in the College of Optometrists Clinical Management Guidelines;
- may prescribe any appliances/dressings that are listed in Part II & III of the Drug Tariff. Optometrist, Physiotherapist and Chiropodist/Podiatrist Independent Prescribers can only prescribe appliances/dressings for the treatment of conditions relevant to their respective areas of professional practice;
- Must not prescribe drugs and other substances listed in Part XI (a) of the Drug Tariff at Health Service expense:
- May prescribe drugs listed in Part XI (b) of the Drug Tariff at Health Service expense, but only in the specified circumstances, for the specified patient groups listed in the Drug Tariff and where this is within their scope of professional practice;

- Nurse and Pharmacist Independent Prescribers can prescribe unlicensed medicines for their patients, on the same basis as doctors and supplementary prescribers. Optometrist, Physiotherapist and Chiropodist/Podiatrist Independent Prescribers cannot prescribe unlicensed medicines:
- Nurse Independent Prescribers and Pharmacist Independent Prescribers may mix medicines for the needs of a particular patient and to direct others to mix. Nurse Independent Prescribers and Pharmacist Independent Prescribers may provide written directions for others to do so for the purpose of administering them to meet the needs of a particular patient.
- May prescribe borderline substances, which have been approved by the Advisory Committee on Borderline Substances (ACBS). A list of ACBS approved products and the circumstances under which they can be prescribed, can be found in Part X of the Drug Tariff. Although this is a non-mandatory list, Nurse Independent Prescribers should normally restrict their prescribing of Borderline Substances to items on the ACBS approved list. Optometrist, Physiotherapist and Chiropodist/Podiatrist Independent Prescribers should not need to prescribe any items on the ACBS list.

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