



Safe Medicines, Clear Communication

Healthcare Providers prescribing for anyone with Visual Impairment please

.STOP and offer this leaflet

• LOOK on Encompass for the CVI alert

• LISTEN to the sensory needs of the patient



For more resources scan this QR code for help to read medicine labels.

Remember to signpost to RNIB and sensory support teams.



Taking your medication safely

Keep a medication list

This should be accessible to you and easy to share with others.



Store your medicine safely

Store somewhere easy for you, but not a danger to others.

- Use the original bottles to avoid confusion.
- Mark the bottle caps with coloured symbols, stickers or tactile markers that can be easily identified.



Timed or automatic pill dispenser

- With large print, braille and audible notifications can make it easier if you take lots of pills.
- Use your phone or voice assistants, like Alexa for reminders.



Use Daily reminder alarms

- Set daily reminder on your smartphone or smartwatch for the different times of day you take your medications.



Tell your pharmacist if you have a vision problem

- Ask if a barcode or QR code can include medicine information so you can read aloud using a text-to-speech application.

Who else can help you take medication safely?

RNIB**•Sight Loss Advice Service****•Low Vision Aids** to help you read your medicine information**•Technology support** for 1-1 advice on accessibility software and apps to help you read your medicine information**•Personal Transcription:** accessible printed medicine information**•Online Shop:** equipment and gadgets to assist you taking your medication.

Book an appointment with the Products for Life team via the helpline

Find out more about support and training at:

RNIB Helpline: 0303 123 9999**Scan the QR code:****Email:** helpline@rnib.org.uk**Website:** rnib.org.uk/advice

Scan this QR code for a list of other organisations that can support people who have a visual impairment.

Support from Health and Social Care Trusts

Sensory Support Services can offer advice to visually impaired service users and their carers. They can arrange individual assessments and supply of specialist visual aid equipment to make important medicine information accessible to you. You can self refer:

•Belfast Trust: 0289504 0200**•South Eastern Trust:** sensorysupport@setrust.hscni.net**•Northern Trust:** 028 2586 3800; sensorysupport@northerntrust.hscni.net**•Southern Trust:** Armagh 02837564444; Portadown 02838394088**•Western Trust:** Londonderry/Derry 02871320167SensoryTeam.Northern@westerntrust.hscni.net; Enniskillen 02866324400
martina.dempster@westerntrust.hscni.net

Hospital Low Vision Service can provide magnifiers and visual aids to help you. Talk to your own healthcare provider.