

From Angela Carrington, Lead Pharmacist for Medication Safety



By email

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Dear Colleagues,

Subject: Thank You for Supporting '5 Moments for Medication Safety': New Resources Now Available

I would like to thank you for your continued support in promoting and embedding '5 Moments for Medication Safety' across Community Pharmacy and GP Practice. Your commitment to encouraging meaningful conversations about medicines plays an important role in improving medication safety and supporting patients and carers to use medicines safely and effectively.

Please continue to use '5 Moments for Medication Safety' as part of routine care whenever medicines are prescribed, dispensed, reviewed, recommended or discussed.

The 5MFMS was also recently highlighted as a resource to support medication review within HSS(MD)14/2026¹, Adoption of an Evidence-Based Approach to Medication Review.

Work is currently underway with the Encompass team to include 5MFMS resources within the MyCare App to enable a digital application.

Building on the booklet, poster and pharmacy bag stickers already in use, I am pleased to advise that a range of additional resources is now available online by clicking the link enclosed [online](#).

¹ DoH letter [Here](#)

These resources have been developed to ensure medicines safety information is accessible, inclusive and easy to understand for people with different literacy levels, communication needs and abilities.

The new resources include:

- An Easy Read version of the 5 Moments for Medication Safety booklet, developed by TILII² (Telling It Like It Is) Translates. This resource is designed to support people who may find written health information difficult to understand.
- British Sign Language (BSL) and Irish Sign Language (ISL) versions of the 5 Moments for Medication Safety video.
- An editable electronic version of the 5 Moments for Medication Safety booklet, which can be completed and saved locally.

Improving access to clear and understandable medicines information is an important element of our commitment to medication safety and reducing health inequalities across Northern Ireland. By providing information in a range of accessible formats, these resources support person-centred care, encourage shared decision-making and help patients and carers participate more confidently in discussions about their medicines.

If you require any further information, please contact the TMSNI Programme Team at medicine.safety@hscni.net who will be pleased to assist.



Angela Carrington

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² [TILII](#) (Telling It Like It Is) Translates produced a simplified, easy-to-understand Easy Read version, designed to support people with low literacy, learning difficulties, cognitive impairment or anyone who finds written health information challenging.